

Delaware State University Track & Field

2011-12 Women's Indoor Performance List

60m

Calisa Emerson 7.97

7.97	2)	Navy Lid-Lifter	Annapolis, Md.	12.1.11
8.07	4)	Ursinus Bow-Tie Classic	Collegeville, Pa.	12.3.11
7.99	9)	New Year's Invitational	Princeton, N.J.	12.10.11
8.05	5)	Delaware Invitational	Newark, Del.	1.6.12

Ayanna Kelly 8.03

8.03	3)	Ursinus Bow-Tie Classic	Collegeville, Pa.	12.3.11
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Vernetta Biggs 8.03

8.20	2)	Navy Lid-Lifter	Annapolis, Md.	12.1.11
8.21	5)	Ursinus Bow-Tie Classic	Collegeville, Pa.	12.3.11
8.09	17)	New Year's Invitational	Princeton, N.J.	12.10.11
8.21	9)	Delaware Invitational	Newark, Del.	1.6.12
8.03	19)	Sat. Night at Armory I	New York, N.Y.	1.14.12

Chalsea Clark 8.14

8.14	2)	Navy Lid-Lifter	Annapolis, Md.	12.1.11
8.22	6)	Ursinus Bow-Tie Classic	Collegeville, Pa.	12.3.11
8.14	20)	New Year's Invitational	Princeton, N.J.	12.10.11

Tracey Fan Fan 8.14

8.14	2)	Navy Lid-Lifter	Annapolis, Md.	12.1.11
8.30	13)	Delaware Invitational	Newark, Del.	1.6.12

Aatiqah Ali 8.87

8.87	21)	Delaware Invitational	Newark, Del.	1.6.12
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Brittany Roberson 10.23

10.23	2)	Navy Lid-Lifter	Annapolis, Md.	12.1.11
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200m

Calisa Emerson 25.95

25.95	1)	Navy Lid-Lifter	Annapolis, Md.	12.1.11
26.23	4)	Delaware Invitational	Newark, Del.	1.6.12
26.03	11)	Sat. Night at Armory I	New York, N.Y.	1.14.12

Tracey Fan Fan 26.58

26.58	4)	Navy Lid-Lifter	Annapolis, Md.	12.1.11
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Chalsea Clark 26.60

26.60	5)	Navy Lid-Lifter	Annapolis, Md.	12.1.11
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Vernetta Biggs 26.95

26.95	7)	Navy Lid-Lifter	Annapolis, Md.	12.1.11
27.53	9)	Delaware Invitational	Newark, Del.	1.6.12

Krystina Muhammad 28.50

28.50	20)	Delaware Invitational	Newark, Del.	1.6.12
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Briana Tilghman 31.25

31.25	19)	Ursinus Bow-Tie Classic	Collegeville, Pa.	12.3.11
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300m

Ayanna Kelly 42.26

42.26	13)	New Year's Invitational	Princeton, N.J.	12.10.11
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Chalsea Clark 42.74

42.74	22)	New Year's Invitational	Princeton, N.J.	12.10.11
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400m

Ayanna Kelly 59.65

1:00.13	7)	Navy Lid-Lifter	Annapolis, Md.	12.1.11
59.65	17)	Sat. Night at Armory I	New York, N.Y.	1.14.12

Shalaya Sidney 1:05.53

1:07.68	29)	Navy Lid-Lifter	Annapolis, Md.	12.1.11
1:05.53	34)	Sat. Night at Armory I	New York, N.Y.	1.14.12

Breyonna Spriggs 1:12.19

1:12.19	32)	Navy Lid-Lifter	Annapolis, Md.	12.1.11
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500m

Breyonna Spriggs 1:36.20

1:36.20	19)	Sat. Night at Armory I	New York, N.Y.	1.14.12
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600m

Ketsia Dornevil 1:34.73

1:34.73	1)	New Year's Invitational	Princeton, N.J.	12.10.11
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Dashera Richardson 1:37.82

1:37.82	5)	New Year's Invitational	Princeton, N.J.	12.10.11
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Ashley Robinson 1:45.30

1:45.30	25)	New Year's Invitational	Princeton, N.J.	12.10.11
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800m

Ketsia Dornevil 2:14.76

2:20.28 3) Navy Lid-Lifter Annapolis, Md. 12.1.11
2:14.76 1) Sat. Night at Armory I New York, N.Y. 1.14.12

Dashera Richardson 2:17.08

2:20.39 4) Navy Lid-Lifter Annapolis, Md. 12.1.11
2:17.08 3) Sat. Night at Armory I New York, N.Y. 1.14.12

Ashley Robinson 2:34.63

2:34.63 3) Ursinus Bow-Tie Classic Collegeville, Pa. 12.3.11

Breyonna Spriggs 2:51.71

2:51.71 7) Ursinus Bow-Tie Classic Collegeville, Pa. 12.3.11

Kristen Johnson 2:59.98

2:59.98 10) Delaware Invitational Newark, Del. 1.6.12

1000m

Ketsia Dornevil 3:18.99

3:18.99 1) Delaware Invitational Newark, Del. 1.6.12

Dashera Richardson 3:19.00

3:19.00 2) Delaware Invitational Newark, Del. 1.6.12

Ashley Robinson 3:40.98

3:40.98 6) Delaware Invitational Newark, Del. 1.6.12

1-Mile

Dashera Richardson 5:41.08

5:41.08 13) Delaware Invitational Newark, Del. 1.6.12

Ketsia Dornevil 5:46.70

5:46.70 15) Delaware Invitational Newark, Del. 1.6.12

Ashley Robinson 5:49.24

5:49.24 3) Navy Lid-Lifter Annapolis, Md. 12.1.11
6:16.70 20) Delaware Invitational Newark, Del. 1.6.12
6:06.47 18) Sat. Night at Armory I New York, N.Y. 1.14.12

3000m

5000m

60m Hurdles

Tracey Fan Fan 8.85

9.20 1) Ursinus Bow-Tie Classic Collegeville, Pa. 12.3.11
8.98 1p) New Year's Invitational Princeton, N.J. 12.10.11
8.85 2) New Year's Invitational Princeton, N.J. 12.10.11
9.11 1) Delaware Invitational Newark, Del. 1.6.12

Kristen Johnson 9.72

10.32 9) Delaware Invitational Newark, Del. 1.6.12
9.72 19) Sat. Night at Armory I New York, N.Y. 1.14.12

4x200 Relay

DSU 1:45.52

1:45.52 1) Ursinus Bow-Tie Classic Collegeville, Pa. 12.3.11
A - Calisa Emerson, Ayanna Kelly, Chalsea Clark, Vernetta Biggs
1:56.91 5) Ursinus Bow-Tie Classic Collegeville, Pa. 12.3.11
B - X, Kristen Johnson, Krystina Muhammad, Brittany Roberson

4x400 Relay

DSU 3:51.94

3:55.98 1) Navy Lid-Lifter Annapolis, Md. 12.1.11
A - Calisa Emerson, Ayanna Kelly, Ketsia Dornevil, Dashera Richardson
4:10.57 6) Navy Lid-Lifter Annapolis, Md. 12.1.11
B - Chalsea Clark, Tracey Fan Fan, Shalaya Sidney, Kristen Johnson
4:30.82 1) Navy Lid-Lifter Annapolis, Md. 12.1.11
C - Vernetta Biggs, Breyonna Spriggs, Ashley Robinson, Brittany Roberson
3:51.94 1) New Year's Invitational Princeton, N.J. 12.10.11
A - Calisa Emerson, Tracey Fan Fan, Dashera Richardson, Ketsia Dornevil
4:11.91 13) New Year's Invitational Princeton, N.J. 12.10.11
B - Chalsea Clark, Vernetta Biggs, Shalaya Sidney, Kristen Johnson
3:52.11 4) Sat. Night at Armory I New York, N.Y. 1.14.12
A - Calisa Emerson, Ketsia Dornevil, Tracey Fan Fan, Dashera Richardson
4:13.37 11) Sat. Night at Armory I New York, N.Y. 1.14.12
B - Vernetta Biggs, Ashley Robinson, Shalaya Sidney, Kristen Johnson

4x800 Relay

DSU 10:14.05

10:14.05 1) Ursinus Bow-Tie Classic Collegeville, Pa. 12.3.11
B - Ketsia Dornevil, Dashera Richardson, Tracey Fan Fan, Ashley Robinson

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High Jump

Kristen Johnson 1.60m

1.60m	6)	Navy Lid-Lifter	Annapolis, Md.	12.1.11
j1.52m	5)	Ursinus Bow-Tie Classic	Collegeville, Pa.	12.3.11
1.55m	7)	New Year's Invitational	Princeton, N.J.	12.10.11
1.58m	11)	Sat. Night at Armory I	New York, N.Y.	1.14.12

Pole Vault

Long Jump

Krystina Muhammad j5.55m

5.30m	2)	Navy Lid-Lifter	Annapolis, Md.	12.1.11
j5.55m	6)	New Year's Invitational	Princeton, N.J.	12.10.11
5.31m	7)	Delaware Invitational	Newark, Del.	1.6.12

Vernetta Biggs 5.32m

5.10m	9)	Navy Lid-Lifter	Annapolis, Md.	12.1.11
5.32m	9)	New Year's Invitational	Princeton, N.J.	12.10.11
4.64m	19)	Delaware Invitational	Newark, Del.	1.6.12
5.13m	10)	Sat. Night at Armory I	New York, N.Y.	1.14.12

Shalaya Sidney 5.22m

5.02m	11)	Navy Lid-Lifter	Annapolis, Md.	12.1.11
5.12m	18)	New Year's Invitational	Princeton, N.J.	12.10.11
5.01m	12)	Delaware Invitational	Newark, Del.	1.6.12
5.22m	10)	Sat. Night at Armory I	New York, N.Y.	1.14.12

Tiffani Savage 4.89m

4.89m	5)	Ursinus Bow-Tie Classic	Collegeville, Pa.	12.3.11
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Briana Tilghman 4.63m

4.63m	14)	Navy Lid-Lifter	Annapolis, Md.	12.1.11
4.57m	7)	Ursinus Bow-Tie Classic	Collegeville, Pa.	12.3.11

Triple Jump

Krystina Muhammad 11.55m

11.55m	1)	Navy Lid-Lifter	Annapolis, Md.	12.1.11
11.42m	2)	Ursinus Bow-Tie Classic	Collegeville, Pa.	12.3.11
11.34m	4)	Delaware Invitational	Newark, Del.	1.6.12
11.24m	6)	Sat. Night at Armory I	New York, N.Y.	1.14.12

Shot Put

Maria Gwengi 12.34m

11.50m	9)	Navy Lid-Lifter	Annapolis, Md.	12.1.11
11.81m	4)	Ursinus Bow-Tie Classic	Collegeville, Pa.	12.3.11
12.26m	5)	New Year's Invitational	Princeton, N.J.	12.10.11
11.86m	6)	Delaware Invitational	Newark, Del.	1.6.12
12.34m	4)	Sat. Night at Armory I	New York, N.Y.	1.14.12

Candace Bailey 11.07m

10.55m	14)	Navy Lid-Lifter	Annapolis, Md.	12.1.11
10.75m	7)	Ursinus Bow-Tie Classic	Collegeville, Pa.	12.3.11
11.07m	12)	New Year's Invitational	Princeton, N.J.	12.10.11

Yanique Conie 9.08m

9.08m	17)	Navy Lid-Lifter	Annapolis, Md.	12.1.11
9.01m	10)	Ursinus Bow-Tie Classic	Collegeville, Pa.	12.3.11